

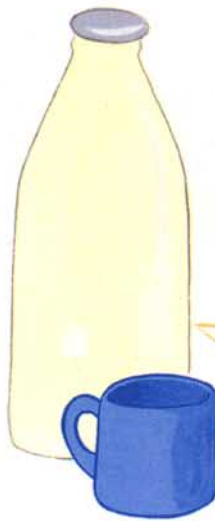
Banana Milkshake



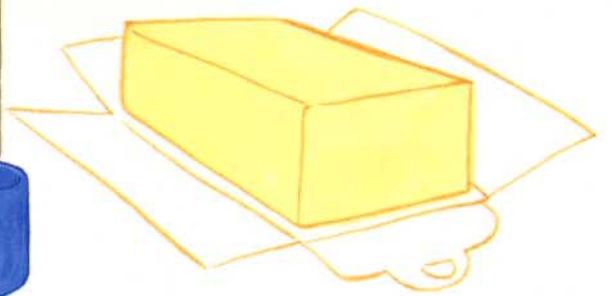
Take:



1 banana



1 cup of milk



some ice cream

Here is what you do:

Mash the banana.

Put the milk, banana and ice cream into a beaker with a lid.

Shake it hard until it is frothy.



Drink your banana milkshake!

Scrumptious!

